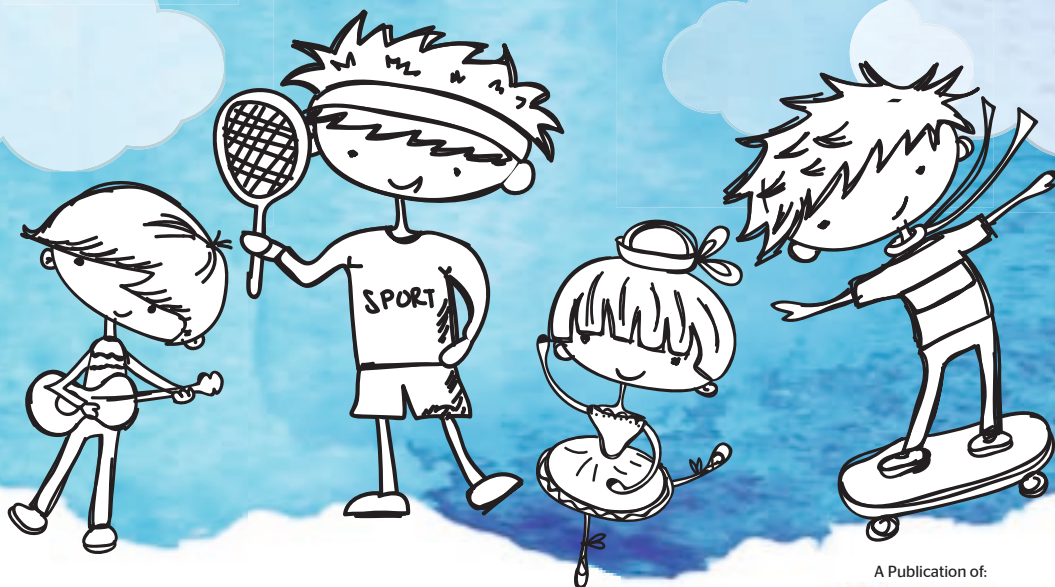


FAB

ISSUE 1:
June
2017

FAMILY ACTIVITY BOOK

A Collection of
Fun Holiday Ideas
Shared by Parents
for Parents



A Publication of:



Kindred Spirit Parents
KiasuParents.com

BY PARENTS, FOR PARENTS



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KiasuParents

FAMILY ACTIVITY BOOK

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Foreword

Greetings from KiasuParents.com and thank you for picking up this inaugural issue of our Family Activity Book!

Through a decade of running Singapore's largest online community of parents of school-going children, we understand how much parents like you want to be engaged in the growing-up years of your precious little ones.

But rather than focusing solely academic success, we believe that a commitment to spending quality time together with your children is an essential component to nurturing them into high-achieving and well-balanced individuals. That is why we have designed this Family Activity Book to create more opportunities for you to bond with your child through quizzes, games and suggested activities for the school holidays or during your free-time.

In line with KiasuParents.com's aim to encourage parents to openly share their parenting experiences and knowledge with others, almost every activity in this book was inspired by real activities that fellow parents we know have enjoyed with their kids.

We hope you will like them too!

May you have a fun bonding time together!

The KiasuParents Team



Kampong Spirit Parents Photo Story Competition

#KiasuParents #KindredSpiritParents #AXA #FlyingCape

Competition period:
22 May – 21 June 2017

Voting period:
23 June – 9 July 2017

Come rekindle the kampong spirit and share your parenting experiences so that other like-minded parents – or what we choose to call “Kindred Spirit Parents” can learn from them.

Submit your entry through a photo story at
kampong-spirit-parents.kiasuparents.com
and stand to win
up to \$16,500 worth of cash and attractive prizes.

1st Prize: \$3000 cash

2nd Prize: \$2000 cash

3rd Prize: \$1000 cash

20 consolation prizes: \$200 each

10 voters prizes: \$100 each

PLUS many other prizes for selected finalists

How the competition works: 1) Register on the contest microsite and submit your photo entry along with a caption describing your parenting experience. 2) Share your entry via Facebook or Instagram, with the required hashtags, and encourage your friends to participate or vote for your photo. 3) Garner the most votes and stand to be selected as a finalist. 4) Finalists and voters stand to win prizes at a prize giving event on 15 July 2017.



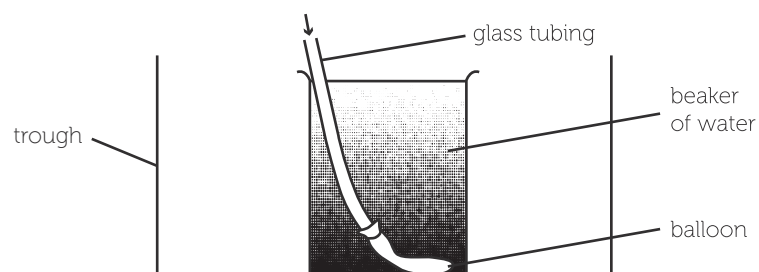
Organised by



Can your child solve these questions?

P4 Science

The beaker in the diagram below is filled to the brim with water. Then air is pumped into the balloon through the glass tubing continuously for a few seconds.



- (A) State 2 observations you would make.
(B) Explain your answers.

[View answer: www.kiasuparents.com/kiasu/question/19528-2/]

P5 Mathematics

Charis and Leon visited the bird park and sketched pictures of all kinds of birds. They drew a total of 33 birds. The number of Joe's drawings was 3 times as many as of the number of Andy's drawings. How many bird drawings did Andy sketch?

[View answer: www.kiasuparents.com/kiasu/question/28807-2/]

P6 English

Her stark resemblance to her younger sister is often a cause _____ confusion.

- (1) on
(2) at
(3) for
(4) with

[View answer: www.kiasuparents.com/kiasu/question/28783-2/]

STUCK ON HOMEWORK?
JUST **ASKQ**

Can't solve academic questions like the ones here? Post it on our free AskQ platform on KiasuParents.com and get crowdsourced answers from our online community.



AskQ is an initiative of KiasuParents.com, Singapore's largest community of parents of school-going children since 2007.

Come join our community...by parents, for parents!

Visit **ASKQ** on www.kiasuparents.com



2017 MidYear School Holiday Guide

NATURE WALKS



Escape Singapore's urban jungle and embark on an interesting trek through pockets of lush greenery with your family, while learning more about how everyone can play a part to protect our natural environment.

WHERE

WHEN

WHAT

MacRitchie Reservoir:
Venus Loop Walks

FREE walks
are conducted every quarter. The next upcoming walk is on 11 June 2017. For more details visit:
<https://www.nparks.gov.sg/gardens-parks-and-nature/parks-and-nature-reserves/macritchie-reservoir-park>

With a volunteer guide by your side, you'll significantly boost your chances of spotting the Long-tail Macaque, the Malayan Colugo, the Red Junglefowl, the Greater Racket-tailed Drongo, and many more forest inhabitants. Organised by conservationist groups Love MacRitchie and NUS Toddlers, these gentle walks are suitable for children and typically take no more than three hours to complete.



Sungei Buloh Wetland Reserve

FREE guided walks
are conducted every Saturday at 9.30 am (except on Public Holiday and eve of Public holidays). Registration can be found on National Parks' website:
<https://www.nparks.gov.sg/sbwr>

Uncover a world filled with rich biodiversity as you wander through the wetlands with an extensive mangrove forest of Singapore's first ASEAN Heritage Park. Trek through the many trails and discover native inhabitants such as mudskippers, crabs, shellfish, water snakes, birds, spiders, monitor lizards and others. Admire the beauty of resident birds such as herons, kingfishers and sunbirds.



Singapore Botanic Gardens:
The Learning Forest

Admission is FREE
Open from 5am to midnight daily; Wetlands and the boardwalk are closed from 7pm to 7am daily. Visit:
<https://www.sbg.org.sg/>

Officially opened to the public on 31 March 2017, the 10-hectare Learning Forest at Singapore Botanic Gardens boasts over 700 plant species and over 200 species of fauna. Families can trek along the 8m-high, 260m-long elevated boardwalk, lined with trees that can grow up to 60m tall. Go back in time at the Keppel Discovery Wetlands, which recreates the wetland ecosystem that used to be there in the 1860s.

Changi Point Coastal Walk

FREE Entrance
Open to the public 24 hours a day. Visit: <https://www.nparks.gov.sg/~media/nparks-real-content/gardens-parks-and-nature/diy-walk/diy-walk-pdf-files/changi-point-coastal-walk.pdf?la=en>

Take a scenic walk along the coastal boardwalk in the western end of Changi Point which stretches approximately 2.2km. Start your walk along the rocky coast near Changi Beach Club and make your way through the six distinct sections on the boardwalk. When feeling peckish, take a break at the popular Changi Village, which offers a wide variety of hawker fare at affordable prices.



2017 MidYear School Holiday Guide

ACTIVITIES FOR A CAUSE

Any day is a good day to give something back to society; be it in cash, in kind or getting involved in a worthy cause. We encourage parents to let your children engage in something meaningful during the holidays so that they will learn the value of social consciousness from a young age.



WHERE

WHAT

WHEN/CONTACT INFO

Society for the Prevention of Cruelty to Animals (SPCA)
50 Sungei Tengah Rd,
S(699012)

Letting your child visit the Society for the Prevention of Cruelty to Animals (SPCA) can drive home the message that great responsibility comes with owning a pet. If your family currently is not ready to commit to 'full-time' pet ownership, but don't mind giving your child a one-time experience, perhaps you can consider signing up for SPCA's Foster Care programme to provide temporary care for an animal in your home.

Tel: 6287-5355

Website:
www.sPCA.org.sg/helpus_volunteer.asp



Fostering a young or sick animal can help to save it from being put down due to the lack of space in the SPCA shelter and/or till the animals is older and better able to cope with kennel life. Fosterers must be above 18 years of age, therefore suitable for stay-at-home mums or parents who are taking a long leave to accompany your kids during their holidays.



Singapore Kindness Movement
61 Stamford Rd
#01-08
Stamford Court
S(178892)

Be part of the Singapore Kindness Movement. Whether young or old, it doesn't take much to start, show and share kindness. After all, courtesy is for free, isn't it? Let your child learn more about caring and sharing at The Kindness Gallery located at Stamford Court. Preschoolers can also take a Kindsville Tour to learn about developing social etiquette from a young age.

Monday - Friday,
10:00 am - 5:00 pm
(Closed on Weekends and Public Holidays)

Website:
<https://kindness.sg/the-kindness-gallery/>






2017 Mid Year School Holiday Guide

ARTS



Bring out the artist in you and explore several artistic as well as musical highlights. Take your children to a kaleidoscope of visual treats and great music which will teach them the value of appreciating art at an early age.

WHAT	WHERE	WHEN
Opera In The Park by Singapore Lyric Opera Part of a series of outdoor community concerts sponsored by Singapore Press Holdings, the Singapore Lyric Opera will be performing classical favourites that embody vitality and the youth spirit at the free concert in the park.	Shaw Foundation Symphony Stage, Singapore Botanic Gardens	 June 17, 2017 Saturday, 6pm
Faber-Castell Art Festival Channel your inner Picasso at this art event, which will feature interesting workshops and a colouring competition for families, among its many art activities.	 Marina Square Central Atrium	May 27 - Jun 4, 2017 
Gardens Turns 5 Celebrate the fifth anniversary of Singapore's unique nature park at Marina Bay with exciting events. Not to be missed is the Gardens Extravaganza Special, where dancers and aerial performers will be wowing the crowds against the backdrop of the Supertrees.	Gardens by the Bay	Blue Beauties floral display @ the Flower Dome, May 19, 2017 Gardens Extravaganza Special @ Supertree Grove June 3 - 4, 2017
PIP's PLAYbox This June, activities at this children art space include Precious Time, where kids can use materials such as paper, foam and yarn to make a creative pocket watch for someone special. If your kids are fascinated by puppets, don't miss Pesta Raya: Shadow Puppetry Fun, where you can create your own shadow puppet (wayang kulit) character and then test them out in the shadow puppetry nook!	PIP's PLAYbox, Level 4, Esplanade Theatres on the Bay	Precious Time! 1 - 20 June 2017 Pesta Raya 20 June - 30 July 2017 Daily 11am - 6pm (closed for cleaning 2-3pm)
Busking at Sentosa Lend your support to budding homegrown acts as they entertain you every weekend, starting on Fridays, by the beach at Sentosa.	Beach Station, Sentosa Island	Every Fridays, Saturdays and Sundays Showtimes: 5.15 pm, 6.15pm, 7.15pm, 8.15pm



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Singapore



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- Behaviour / Socio-Emotional Concerns
- Emotional Intelligence (EQ) Profile

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Hurry! Promotion ends on 1 October 2017

The Gifted Lab, Singapore

271, Bukit Timah Road #02-03 Balmoral Plaza Singapore 259708
 For enquiries from Singapore, contact Tel: 6592 0241
 For international enquiries, please email: enquiry@gifted-sg.com

www.thegiftedlab.com

2017 MidYear School Holiday PLAYGROUNDS Guide



Go back in time and relive your sweetest childhood memories by visiting these playgrounds with your children.


WHERE	WHAT
Dragon Playground at Ang Mo Kio Blk 571 Ang Mo Kio Ave 3, S(560571)	Most of us already know about the famous dragon-shaped playground in Toa Payoh. But if you prefer to let your kids frolic without having to jostle with shutterbugs eager to capture the iconic landmark on photo, head to this other dragon playground to play on the slides or crawl through its spiny body. 
Clock Playground at Bishan Blk 514C Bishan St 13, S(570514)	 This whimsical playground conjures all kinds of fairytale images. Step up a ladder into a giant cuckoo clock, capture a moment in time in front of the blue mosaic-tiled clock or take a slide down to the sandpit.
Pasir Ris Park Playground Pasir Ris Central, S(510534)	Guaranteed for hours of high-energy fun, the playground in this beachside park is one of Singapore's largest. Highlights include the suspension bridge, slopes with slides and rock climbing, and the giant spiderweb.
Train wreck Playground at Tiong Bahru Park Tiong Bahru Road, S(168732)	Hop onboard the wooden train for a journey back to your childhood. Maneuvering through the train carriages takes a bit of balancing skills so make sure your kids hold on tight to the handrails. 

2017 MidYear School Holiday Guide

PLAY



Playtime is never restricted to home or playgrounds. Treat your children to a different kind of fun and games with a wide variety of themes to choose from.

WHERE	WHAT	WHEN
Palawan Pirate Ship 54 Palawan Beach Walk, Sentosa	 A water play area designed for children aged 3-10 years old, the Palawan Pirate Ship is free for guests to splash around and have fun as a family.	Daily 10am-6pm
Dairy Farm Quarry, part of Dairy Farm Nature Reserve, 100 Dairy Farm Rd, S(679057)	Nature Play® is child-led play, for all ages, every week, all weather, all seasons and its free. Currently, there are two groups organising Nature Play sessions in Singapore; Nature Play West meets every week at Dairy Farm Quarry.	Every Friday 9:30am
Changi Airport	More than just a gateway for overseas adventures, Changi Airport has proven to be a favourite hangout for families, especially during the weekends. Themed events and promotions featuring popular characters, such as Pokemon and Star Wars are often held during the school holidays. Kids will love the 12-metre-tall slide and the model airplane display showcases at the Changi Aviation Gallery - both located at Terminal 3.	All day





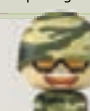


2017 Mid Year School Holiday Guide

MUSEUMS



Let your kids embark on a journey through history and time. What better way to learn the past than to visit interesting exhibits at various museums.

WHERE	WHAT	WHEN
National Museum of Singapore 93 Stamford Rd, S(178897)	Connect the Dots at Children's Season 2017 revolves around the theme of "Connections." Held at the National Museum of Singapore, it offers an exciting line-up of activities including a self-exploratory trail, hands-on activities, storytelling sessions, theatrical performances, film screenings and much more.	31 May - 31 Jul 2017 Daily, 10am - 7pm
Asian Civilisation Museum 1 Empress Pl, S(179555)	Journey to Joseon Korea and venture the oceans with your whole family every Friday in June at the Asian Civilisations Museum! Let kids make their own special sea animals, listen to intriguing stories or see a screening of Korea's hottest movies.	Free admission every Friday in June 2017
Singapore Philatelic Museum 23-B Coleman St	Explore the world through stamps with various exhibits, including an entire space dedicated to the popular Harry Potter series. Be spellbound by beautiful Harry Potter stamps from all over the world as well as movie memorabilia and collectibles from private collectors.  <i>The Chicken And Egg: A Fowl Tale</i> exhibition features about 200 stamps, dating from 1962 to the latest zodiac rooster stamps from Singapore and the Åland Islands, as well as fun hands-on exhibits.	Collecting Magic: From Stamps To Wands (till 25 June 2017) The Chicken and Egg: A Fowl Tale (till 18 June 2017) Daily from 10am - 7pm
Our Museum @ Taman Jurong, 1 Yung Sheng Rd Jurong West	Singapore's first community museum showcases artworks and memories co-created by residents of Taman Jurong. Children of all ages can take part in crafts and activities workshops at the museum. 	Mon-Fri: 3 - 9pm, Sat: 10am - 9pm, Sun 10am - 6pm
Air Force Museum 400 Airport Rd, S(534234) 	The Air Force Museum is a physical embodiment of the history, heritage, and values of the Republic of Singapore Air Force (RSAF). Since its inception at Changi Air Base on 1 September 1988, the museum has come a long way. Today, it stands in a new compound next to Paya Lebar Air Base and creatively combines original artefacts with interactive media. The museum provides an engaging hands-on experience that breathes new life into the RSAF story for all ages.	Tuesday to Sunday: 8.30am to 5.00pm (Closed on Monday & Public Holidays)
Navy Museum, 112 Tanah Merah Coast Rd	Learn more about the Singapore Navy at the Museum. Trace the development of Singapore's naval forces in Singapore from the 19th century to the present.	Mon-Fri, 9am - 5pm Sat 9am - 3pm
Singapore Maritime Gallery 31 Marina Coastal Drive, Marina South Pier, S(018988)	Get an insight into Singapore's fascinating maritime history and learn more about transformations of Singapore into one of the world's leading international maritime centres. Singapore Maritime Gallery offers more than 100 exhibits, including the Ship Bridge Simulator where your family can take control over a ship bridge and steer seven types of ships in various weather conditions. 	Tue - Sun 9am - 5.30pm
Army Museum of Singapore, 500 Upper Jurong Rd, SAFI Military Institute, S(638367) 	The museum has a special Kids Area - an adventure park, which is a kids version of an army standard obstacle course. The park is suitable for children under 14. Parental supervision is advised.	Tue - Sun 10am - 6pm
Former Ford Factory 351 Upper Bukit Timah Rd, S(588192)	The Former Ford Factory was restored by the National Archives of Singapore and currently houses a permanent World War II exhibition on the war and its legacies	Mon - Sat, 9am - 5:30pm Sun 12noon - 5:30pm
SAM at 8Q, 8 Queen St, S(188535)	<i>Imaginarium: To the Ends of the Earth</i> is a family-focused exhibition, now in its seventh edition. See and experience the world around us in new ways through thought-provoking artworks. There will also be a free screening of short films at the Moving Images Gallery on Level 2.	10am - 7pm (Sat to Thu) 10am to 9pm (Fri)

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Our Product Reviews:



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3. Pls quote this special code: TTOKIASU2017 to Aurorababynkids showroom's cashier

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Learn A New Skill

Looking for a novel skill or hobby to learn together as parent and child? Get set to fuel your sense of achievement with our suggested activities.

Look for more enrichment courses for kids in **KiasuParents' Directory of Services** at www.kiasuparents.com/kiasu/directories.

Sweat It Out

K-pop Dance

Love the cutesy dance steps of Twice or EXO's edgy moves? K-pop fans can learn to dance like their favourite artists in classes that will teach you the latest choreography. At Beatfactory Fitness (#05-02 Robinson Square), a K-Pop Basics class will allow beginners from 13 to 65 years old have fun dancing to catchy tunes and viral moves.

Pay only \$6 per person (usual \$12) when 2 persons sign up for a K-Pop session at BeatFactory Fitness. Quote **KSPKPOP** upon booking to enjoy this 2-for-1 offer. Valid from 1-30 June 2017, one-time redemption per person only.

Zumba

The ActiveSG programme features a Zumba® Kids Jr. dance and play party where 4 to 6-year-olds can let loose and have fun with new sounds and experiences! Parents can join in to socialise, dance to age-appropriate music and play games with other families. Find out more about utilising the free \$100 ActiveSG credits for Singaporeans on ActiveSG programmes at www.myactivesg.com.

Kungfu

Shaolin Club (#07-27 LINK@AMK, Tel: 9027 7077) conducts authentic Shaolin kungfu lessons for both kids and adults. Helmed by Head Coach, Master Guo Zhi Feng who has trained in an elite Shaolin temple in China, classes focus on improving speed, endurance and flexibility.

Quote **KIASUPARENTS** to book a free trial class at Shaolin Club.



Make Music

Cajon

Who would have expected that slapping a wooden box can create such cool sounds? Sign up for lessons at Believer Music (#03-28 International Plaza, #01-01A Tampines Plaza, #06-05 One Commonwealth, Tel: 6323 0304) to learn how to play the Cajon, a box-shaped percussion instrument and enjoy the rhythm and groove.

Quote **BMKIASUP** to enjoy \$525 off course fees (for 1st time members, basic modules only).

Beatbox

Let your body be the instrument to create music in Advent Music's private beatboxing classes, taught by instructors who have experience conducting sessions at many MOE primary schools.

Quote **AMKP** to enjoy one-time discount of \$20 for the first beatboxing lesson at Advent Music till 31 Oct 2017. (Tel: 6280 0557)



Get Crafty

Soap Making

Become an expert in making natural soaps that do not contain harmful chemicals at Soap Ministry, which conducts workshops for adults and kids at its Liang Court retail outlet (Tel: 6634 1920). You can learn to use ingredients such as macadamia oil and shea butter, pairing them with a variety of essential oils like lavender, ylang ylang and more.

Quote **SMKSP** to enjoy \$5 off each soap-making workshop when you book a minimum of 2 workshops. Valid till 30 Sep 2017. Plus, get complimentary lifetime membership to enjoy discounts on purchases storewide.

Converse Anew

Sign Language

If you and your kids are already fluent in multiple languages, how about exploring a totally new culture with sign language? Pick up a new skill in Singapore Sign Language at courses conducted by the Singapore Association for the Deaf (227 Mountbatten Road). Using a "no-voice" teaching method, participants learn through classroom instruction and role-play, as well as storytelling and handouts. Find out about the course at sadeaf.org.sg/sl-course.



Make It Grow

Gardening

Parents, if it has always been your dream to own a flourishing edible garden, even if you're staying in a HDB apartment – or think you don't have green fingers, pick up basic tips from an experienced gardener during a one-day Home Grown Organic Vegetables Workshop by Gardens with Purpose (29 Florissa Park, Tel: 6546 5801), then return home to impart your new skills to your kids.

Quote **GWPKSP** and present this page to receive a free strawberry plant per attendee for any gardening course (for adults only, 100% SkillsFuture-claimable). Valid till 31 Dec 2017.



Sewing

If you don't want to buy them, make them yourselves! Give your kids the opportunity to learn how to use a sewing machine to sew their own fabric toys, bags and even pencil cases. Parents can also learn to sew clothing for you and your mini me. Sewing workshops such as these are available at Sew Into It (333 Kreta Ayer Road, #02-32, Tel: 8777 9924).

Enter coupon code **Kiasuparents10off** when you register at www.sewintoit.com.sg to enjoy 10% off sewing workshops with minimum purchase of \$60. Excludes sewing series and private workshops. Promo ends 30 June 2017.

Coding

Get your young ones ready for the Smart Nation in coding classes, which happen to be all the rage these days. Coding Lab (www.codinglab.com.sg) offers classes for students as young as 4 years old up to who can get to programme their own interactive stories and games. Older kids from 13 to 17 years old can learn about the popular Python coding language and how to develop mini games/apps in Minecraft.

Another service provider, **Early Coders** (earlycoders.com), allows both youths and adults to learn about web or mobile application development and pick up technical competencies in HTML, JavaScript, CSS, Bootstrap and more.

Alternatively, learn how to write actual C language at **Duino Kids**, which teaches text-based coding. Strict with spelling and letter casing, text-based coding encourages your child to remember commands and coding syntaxes, which can help to improve his spelling and memory ability.

• Coding Lab: Quote **KSP15** for 15% off usual price of any full class booked from now till 31 Oct 2017.
• Early Coders: Quote **KIASUPARENTS** to enjoy \$100 discount on Web Development Beginner Course from now till 31 Dec 2017.
• Duino Kids: To enjoy a special rate of \$49.90 (u.p. \$129) for the Duino Kids holiday workshop, use promo code **DKKSP0517**. Valid till 30 Jun 2017.



Answer the question for your level and bring the answer to us for a free trial class! You may submit the answer to us via *email or bring it to our *centre. Redemption period expires on 10 September 2017.

For Lower Primary (K1 - P3)

Some chairs were numbered and arranged around a circular table starting from the number 1 in a clockwise direction. If the chair numbered 5 is positioned directly opposite the chair numbered 11, how many chairs are there in total?

For Upper Primary (P4 - P6)

Victoria had 55 more twenty-cent coins than one-dollar coins. She exchanged all the twenty-cent coins or one-dollar coins. She then had 30 one-dollar coins altogether. What is the value of all the twenty-cent coins she had at first?



*Show us your answer via email at enquiries@ylc.edu.sg or bring to us at One Orchard Road, Level 2, Singapore 238824.



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Numerical Intelligence

Mathematical Intelligence



Gained through repetitive working of Math questions and using Math patterns in answers

The ability to reason, calculate, recognise patterns and logical thinking

✓ **Tracks your child's progress**

a. Pre-course diagnostic test

b. Weekly report

c. Quarterly diagnostic test / report

✓ **Tested and Proven**



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我们一起找一找

- | | | |
|-------|--------|---------|
| 1. 时钟 | 6. 椅子 | 11. 扫把 |
| 2. 白板 | 7. 书架 | 12. 值日表 |
| 3. 板擦 | 8. 窗帘 | 13. 电灯 |
| 4. 电脑 | 9. 垃圾桶 | 14. 风扇 |
| 5. 桌子 | 10. 畚斗 | 15. 布告板 |

时	彩	风	扇	窗	文	课
活	钟	皮	有	帘	卷	笔
铅	蜡	白	板	剪	灯	剪
色	椅	西	擦	电	橡	胶
桌	子	什	水	脑	盒	动
东	斗	值	室	见	扫	把
畚	斗	尺	布	里	壶	了
表	刀	告	架	垃	圾	桶
具	板	书	不	纸	么	块

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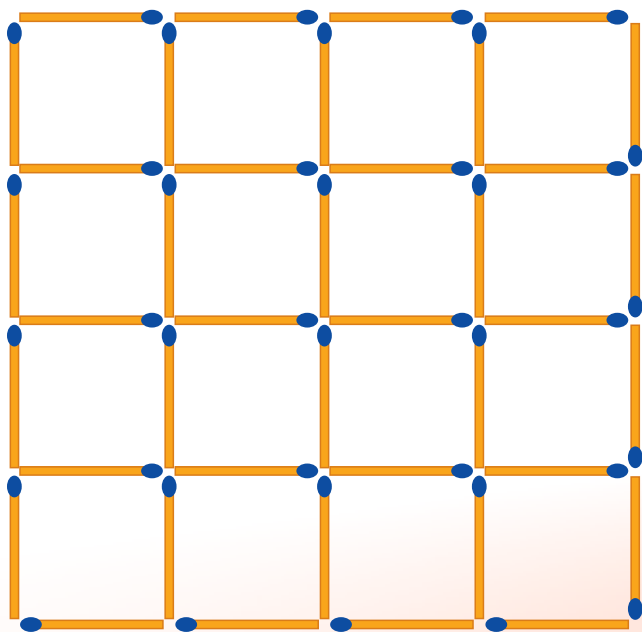
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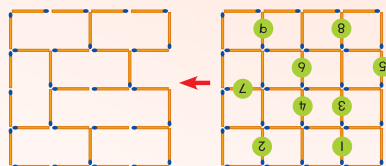
Remove The Squares

Below is a diagram showing a total of 30 squares formed by 40 matchsticks. Remove 9 matchsticks so that no squares remain in the diagram.



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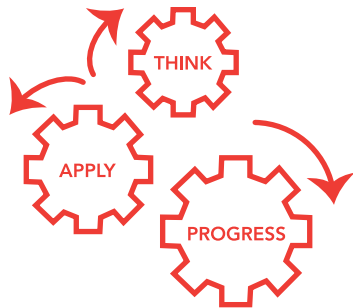
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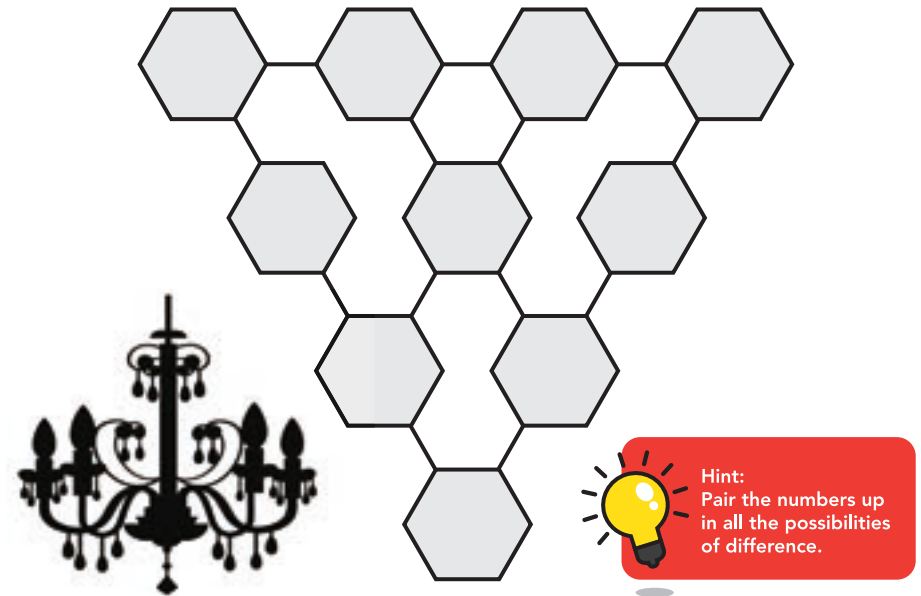
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Uncle Sam Bun is creating a complex array of glass prisms to build a chandelier. He has mixed up his glass prisms. Help Uncle Sam Bun to reorder by inserting numbers into the triangular array following two simple rules:

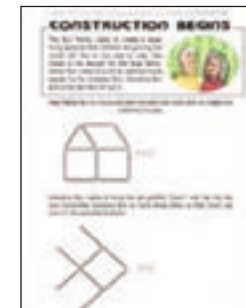
- Each number may appear only once
- Each number must be the difference of the two numbers immediately above it.

Fill the glass prisms with the numbers 1 to 10.



Like what you see?

Follow us on facebook @scholarsinc to sign up for our latest parenting workshop to receive the whole booklet of our mathematics trail "Construction of the Bun's house".



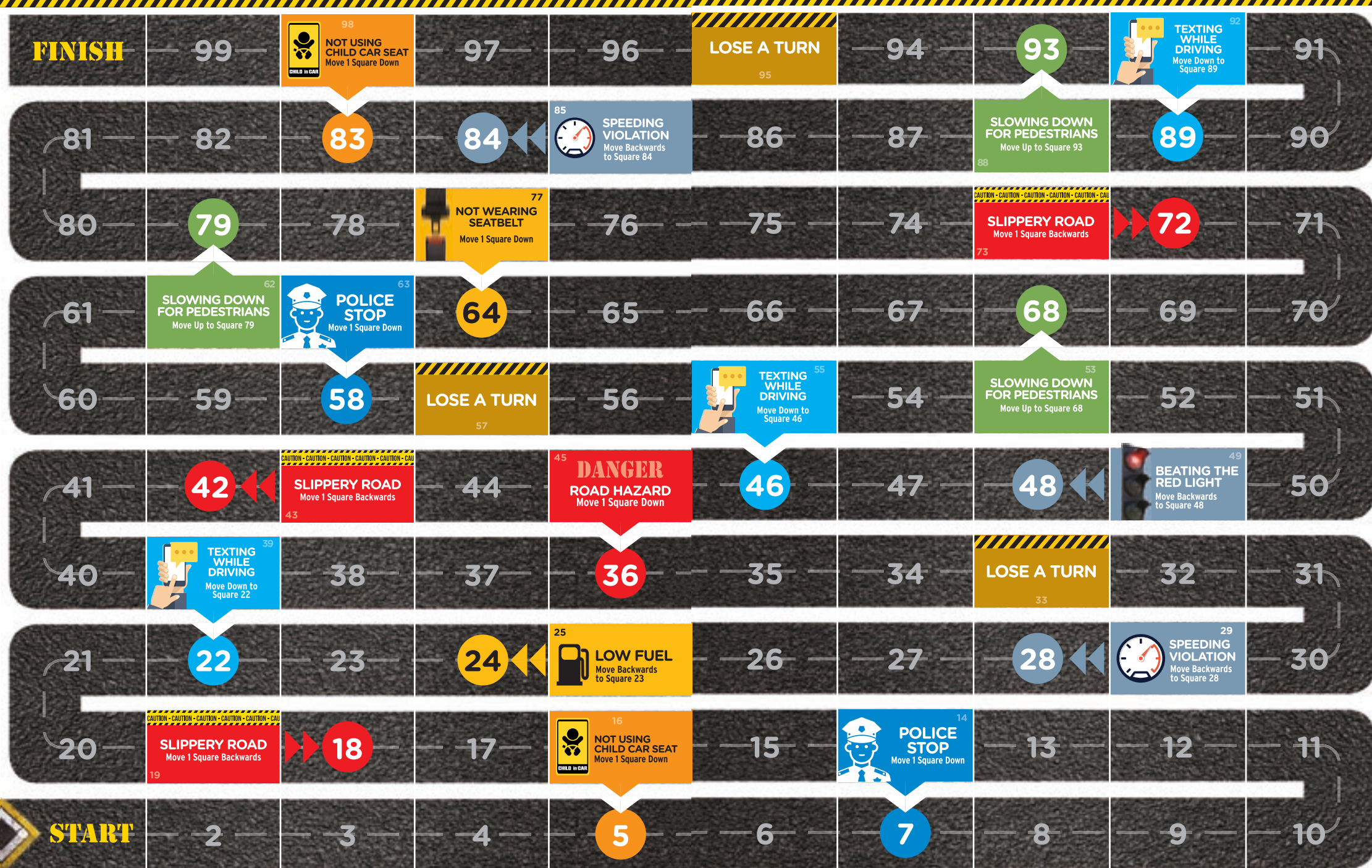
ROAD WARRIOR

HOW TO PLAY

What you need: 1 dice; 4 different coins Number of players: 3-4

How to play: Gather all players. Assign each player to each coin. Put all 4 coins on the START tile. Player 1 gets to throw the dice first. The resulting number of the dice represents how many tiles/squares the player will move his coin. Any coin landing on a penalty square will be penalised according to the violation written on that square. Any coin landing on a reward square will be promoted according to the prize on that square. The first player to reach the FINISH square wins! **GOOD LUCK!**

Game concept suggested by: Rie Chee, mother of 1 daughter



Decluttering Your Space

Is your child's room getting overcluttered or untidy? Take time during the school holidays to get them involved in taking stock of what things they want to keep and what should be discarded or given away. Here are some suggestions on how you can give your pre-loved items a second life.

This activity is contributed by Ms T. Y. Kwan, who regards decluttering and reorganising her home cupboards as a therapeutic activity and who sometimes donates her pre-loved items to M.I.N.D.S. at Margaret Drive.

Pass on the knowledge and donate old or used books.



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2. METTA WELFARE ASSOCIATION (www.metta.org.sg)
3. TZU CHI (www.tzuchi.org.sg)

Donate your used electronics that are still functioning, for other people to use.



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2. PASS-IT-ON (www.passiton.org.sg)
3. HUMANITARIAN ORGANISATION OF MIGRANT ECONOMICS (HOME) (www.home.org.sg)

Giving away old clothes will never be out of fashion.



Clothes

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N1 - K2

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创意写作课程(英文|华文)

K1 - P1

1½ hrs weekly

Hanyu Pinyin 汉语拼音课程

K2 - P1

1½ hrs weekly

P1 Preparatory Class (Eng/Chi/Math)
小一预备班(英文|华文|数学)

K1 - K2

1½ hrs weekly

PSLE Preparatory Class 小六离校会考预备班

P6

2 hrs weekly

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N1 - P6

1½ hrs weekly (N1 - P2)
2 hrs weekly (P3 - P6)

Chinese Literacy 中文识字班

N1 - K2

2 x 1 hr weekly

Basic Conversational Mandarin For Foreigners
基本华文对话课程

Children - Adults

2 hrs weekly

Public Speaking/Oratory Skills Training
公开讲座/演讲技巧训练

N1 - P1

1 hr weekly



How to Put Together a Fun Family Picnic

Picnics are great for strengthening parent-child bond and for your child's well-being.

Step 1: Choose your picnic spot

Singapore has no lack of leafy or scenic spots for families to enjoy an outdoor picnic, whether it is for some fun in the sun or to be surrounded by flora and fauna.



FUN GREEN SPOTS

- Around Symphony Stage at Singapore Botanic Gardens, for musical performances
- Lawn @ the foothills of Fort Canning Park for movie screenings



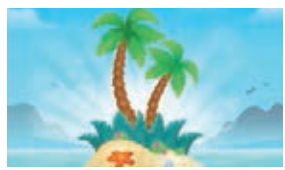
CHILDREN'S PLAYLAND

- West Coast Park Adventure Playground
- Far East Organization Children's Garden at Gardens by the Bay
- Marina Barrage for kite flying



WATERFRONT

- East Coast Park
- Punggol Waterway Park
- Sembawang Park



ISLAND ESCAPE

- Coney Island
- St. John's Island



Step 2: Pack your picnic basket and other essentials

Bring a picnic basket along for the event. If you have items that can spoil in the heat, you should have a cooler to bring with you too. Here are the basics to include:

- | | | |
|---------------|-----------------|-------------------------------|
| 1. Picnic mat | 4. Portable fan | 7. Lightweight non-spill food |
| 2. Utensils | 5. Umbrella/Can | 8. Mosquito repellent |
| 3. Napkins | 6. Sunscreen | 9. Plenty of drinking water |

Suggested Picnic Food

- Sandwiches
- Finger Food
- Salads
- Snacks



PSLE
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SCIENCE

GEP
MATH

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- Caring, Positive Learning Environment

Hear What Parents Have To Say About Us

Ryan enjoys coming to BlueTree so much because you made lessons fun. He regards BT as his second home although he has only attended lessons for less than a year. We have never seen him attend any lesson so eagerly. Your patience, kind and encouraging words have motivated him. And his grades have improved so much due to his changed attitude. Thank you!
(Mrs Cheng, Henry Park Pri)

The teachers at BlueTree not just teach, they inspire, motivate and encourage my daughter so much that she gained so much confidence within a short time and is now willing to work harder for PSLE. I've seen how she excels in her Math and Science and now I do not need to worry about her so much as I know she is in good hands.
(Mrs Jacqueline, Methodist Girls' School)

Teacher Faith and Jo taught my son for past 2 years and he has learnt many useful and effective techniques that helped him score A* in both subjects for PSLE. He always praises both teachers for their excellent and funny lessons. (Mrs Helen, Nanyang Pri)

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PARENTING WITHOUT YELLING!

An exasperated young mother sighed heavily as she spewed out: "It's so difficult to be a parent! I just wish I don't have to yell at my girls all the time! Not a day goes by that I am not irritated; they keep doing something even when I say "NO!", arguing with me, ignoring my words! Makes me soo... mad!"

Sound like a familiar scenario in your home? Sometimes? All the time?

Instead of yelling at our kids when we're at our wits' end, here are some tips and simple activities that can help to prevent our children from "tuning out" on our words.



C.A.R.E

When we, parents, and adults CARE, and make it our priority to be Content for our children, be Aware of ourselves, build Relationship, and Endure whatever comes, it will be much easier to motivate our children to obey, listen well, participate in household chores, get homework done, study for exams, play well with siblings, and so on. Parenting will be less stressful, with much less yelling!

Contentment Know that your children are gifts from God. Love them unconditionally and treat them well. Then even if your child should fail a test or misbehave, they will feel safe to come home to you, for correction, support, and encouragement.

Awareness Be aware of your own physical and mental state; both affect your emotions, which in turn affect your reactions to circumstances. Every child needs a parent who can keep cool, no matter what, and one who can offer wise guidance with level headedness. Remember! Children learn by imitation – Monkey See Monkey Do!

Relationship Understand and empathise the emotions that come with the child's ill-behaviour; understand their unmet needs, and what they are having trouble expressing. To build a good relationship with your children, remember to Connect first before Correcting, and How you say matters as much as What you say.

Endure There's no tougher job than parenthood. And no one more than a parent, needs the patience of saints. And that's probably the best motivation to endure, for that's the precise reason for God's gift of children: that we may be saints! Relish the time with your children, while they are in your house. For, as a parent once said, "My house is loud and messy and that's OK, because one day it'll be quiet, spotless, and lonely."

Activities That Help Build Up Relationships With Your Child

Whisper-a-thon

Designate a date, afternoon or evening, during which everyone has to talk in whispers. Children get a reward if they kept their voice low for that period. Reward to be agreed upon between parent and children.

I love you more!

A one-to-one activity between parent and child where the parent starts with saying "I love you more than (pick a favourite food or snack)!", and the child responds "I love you more than ----" The first one to repeat something already said loses the game. Another version of this game has the parent saying "I love you this much!" with outstretched arms. Child would say "I love you this much!" and try to out-do parent-by e.g. standing on a chair, etc; Or "I love you all the way to Malaysia!" Great for older kids who understand the concept of distance. The winner gets hugs.

Kind Words Challenge

Get a piece of paper each. In 5 minutes, parent and children have to write down as many nice things to say to each other as they can. Longest list wins. If parent is the winner, parent will share prize with the children. Recommended prizes: stars and tokens that can be accumulated and exchanged for a treat. Parent decides how many stars or tokens are equivalent to a restaurant, book, movie, extra time on games etc.

This article is contributed by Lan Teo, the Founder of CARE Singapore, a registered charity with NCSS, and a recognised Centre of Youth Specialisation. CARE Singapore's motto and purpose for the last 20 years has been Helping Youth Succeed! See www.care.sg for more information, to volunteer or donate to the cause.

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Teach Your Kids to Count Their Dollars & Cents

Being money-wise is an important life lesson that can be taught from a young age, using creative ways that will capture your children's attention. Here are some suggested activities you can start off with.

1 Draft an agreement regarding **allowance for shopping or other expenses.**

2 Read **bedtime stories** to your kids with lessons about managing finances. For example, The Three Little Pigs: A Financial Fairy Tale, teaches the 70-20-10 rule, i.e. setting aside 70% of your finances for spending, 20% to save and 10% to share. Request for a link to the full story at www.jopezacademy.com/resources.

3 Play and bond with kids over **financial board games** like Money Junior that allow them to handle money or learn about money concepts to inculcate financial savviness.

4 Make a **Kids Money Jar** to teach them about money management and how to allocate their allowance for Spending, Saving and Sharing.



Make Your Own Money Jars

This simple craft activity will help your kids learn how to SAVE, SPEND, SHARE practically using the Money Jars system.

Materials you will need:

- 1 Three containers with lids
- 2 Permanent ink markers, in different colours
- 3 Scissors or penknife, glue, ruler, decorative paper or stickers
- 4 Animal pictures to depict the words SAVE, SPEND and SHARE

Instructions:

- 1 Find pictures of animals that can you can relate to Saving, Spending and Sharing respectively and cut them out. (See ideas at www.jopezacademy.com/resources) For example,
 - **Squirrel for SAVE** because its characteristic is to collect and store food for the winter
 - **Peacock for SPEND** because it looks like it takes a lot of money to groom itself
 - **Bear or Elephant for SHARE** since kids can relate to the Care Bear cartoon character or Sharity the Elephant
- 2 Glue the pictures on each of the cookies jars, then with the permanent ink marker, label the jars with the word SAVE, SPEND and SHARE accordingly to the picture it represents
- 3 Finish by decorating the jars with stickers, ribbons or other colourful material

How to Use the 3 Money Jars:

What proportion of your kids' pocket money should they allocate into each money jar? How much can be taken out for spending? Discuss and lay down some rules so that your children will learn how to better manage their allowances

Learn more from the book **Raising Financially Savvy Kids: Positive Money Habitudes to Help Kids Become Future Money Masters**, by Ernest Tan.

Happy saving, spending and sharing!



Design Your Own Money Jars & Win Prizes!

Get your kid started on money management with blank Money Jars from Jobez Academy. Simply head over to KiasuParents' Facebook page to request for a **FREE SET OF 3 cardboard jars**, limited to the first 50 requests, while stocks last.

Then submit a photo of your decorated Money Jars and stand to win a set of **Money Junior financial board game** or an **autographed copy of the book Raising Financially Savvy Kids**. Email your entry to sales@covocal.com with the email subject "Money Jar Contest".



SCAN TO
TAKE PART



This article is contributed by Ernest Tan, Certified Financial Planner, Master Money Coach, Wealth Trainer, Author of Raising Financially Savvy Kids.





An Inspiring Dinner Date with Your Child

Making plans to dine out? Why not choose an eatery with an inspiring story about entrepreneurship that your child can learn from and perhaps be motivated to challenge himself too?

Dinner time creates an excellent opportunity for families to strengthen bonds. Gathered around the table, your kids can fill you in on what is happening in their daily lives while you share your love and care for them over a good meal. These days, there is no lack of restaurants and cafes you can check out together as a family. Moreover, many of the trending food joints are opened by enterprising young Singaporeans with a passion both for food and for life, thus offering a good learning point for our younger generation. So where can you get started? Here are three of our recommended dining venues.

TWO WINGS

The food: Who can resist a fried chicken wing? Your little loved ones will especially love the crispy and tasty wings at *Two Wings* which are coated in a secret batter, meticulously massaged to remove the excess overnight marinade and then fried in premium sesame oil.

About the owner: *Two Wings* was started by a shining young hawker, Jeremy Loh, who perfected his granduncle's 40-year-old secret recipe. Believing that good food only tastes all the better when balanced out with a helping hand, Jeremy also helps inmates and ex-offenders through the Yellow Ribbon project by engaging and training them to work at *Two Wings*.

Where: Timbre+ (JTC LaunchPad@one-north, Open Mon - Sat: 11am - 10pm) / Essen at The Pinnacle (1 Cantonment Road, #01-01, Open Mon - Sun, 11:30am - 9:30pm)

Website: <http://twowings.com.sg> **Tel:** +65 9667 - 0368

CAPTAIN K SEAFOOD TOWER

The food: For an ultimate seafood feast, nothing beats this towering choice. At this new Korean Seafood concept restaurant, your meal consisting of a variety of fresh seafood and shellfish served in a multi-tiered steamboat tower that can go up to nine layers, creating a truly visually appealing and delectable spectacle!

About the owner: Founder Kenneth Koh, in his 30s, was a top student in his polytechnic cohort and later advanced

his career as a chief marine engineer, managing the operations and maintenance of the engines of container ships. But in 2014, he decided to steer his life into the F&B industry. The journey has not been always plain-sailing but the valuable experience helped him build up confidence. Today, *Captain K* is one of the first restaurants in Singapore to specialise in steamboat towers and continues to draw a large following of foodies.

Where: #01-02 Income@Prinsep, 30 Prinsep Street / #01-00 Midland House, 112 Middle Road (Open daily, timing varies)

Website: <http://www.captainksg.com>

Tel (Prinsep): +65 6255 - 2270

Tel (Middle Rd): +65 6255 - 5744

FAT PAPAS BURGERS AND SHAKES

The food: A halal-certified offshoot of the popular Fatboy's burger chain, *Fat Papas* serves flavoursome specialty burgers, hearty main courses and all kinds of milkshakes. Popular picks include the Black Peppercorn Burger, which is a classic beef burger coated in fresh black pepper and topped with crispy onion, and Country Fried Sheik Burger - a humongous burger version of Fatboy's signature Country Fried Steak.

About the owner: Well-known local rapper Sheikh Haikel co-owns *Fat Papas* with Fatboy's owner, Bernie Tay. And the story of how *Fat Papas* was born is about sheer persistence because without determination, Haikel would not have spent seven years trying to persuade Mr Tay to start a halal version of Fatboy's. And without hard work, Mr Tay would not have been able to recreate the taste of Fatboy's menu specially for Muslim diners.

Where: 17 Bali Lane (Open Mon - Sun, 5pm - 11pm)

Website: <https://www.fatpapas.sg> **Tel:** +65 6291 - 8028

Want more ideas for dinner time, whether dining out or eating at home? Find out what other parents suggest in our [KiasuParents forum](#) →



In 2008, there were 5 Sunday Times "Super Tutors" The Sunday Times June 15, 2008



In 2014, one became Sunday Times "Millionaire Tutor"



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MOZZIE HUNTER

How to Play:

There are 10 mosquitoes  inside and outside the house in this picture. Hunt them all down. For some added fun, hide actual objects in areas around your house where Aedes mosquitoes are most likely to breed and let your kids go on a mini treasure hunt to find the hidden objects. Keep your house and family safe from Dengue and Zika by taking preventive measures to keep mosquitos at bay. Frequently check and remove stagnant water from your premises, such as from flowerpot plates or by changing water in vases.

This activity is recommended by Mr L S Tay, who enjoys playing treasure hunts with his three pre-school kids.



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GOOD VALUES

A Lesson to Instill Good Family Values.

Jim and Ben are playing with their new beach ball.



While playing, they both grabbed the beach ball at the same time. Both Jim and Ben don't want to let go of it.



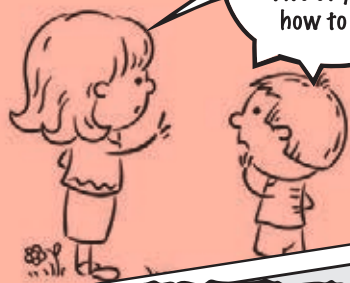
Give me the beach ball!

I was playing with it first!



Then their mom stepped in and said...

I will not let both of you play with the beach ball unless the two of you learn how to **SHARE**.



How can the situation be resolved?

Draw the last frame of this story based on your answer above.

Jim and Ben both don't know what to do now.



LESSON LEARNED

Fill in the missing word based on the lesson that can be learned from each of the following illustrations.



Never fight in _____ of your child.



We always give a helping _____ whenever mom and dad buy groceries.

_____ the elevator door for other people that are in need.

3.



Helping mom _____ the dishes is always a joy for me.



Always care for the _____

Answers: 1. Front 2. Hand 3. Hold 4. Wash 5. Elderly



SHARE YOUR IDEAS AND WIN!

Did you like the content in this Family Activity Book? Almost every activity idea featured in this issue sparked off from actual activities parents in our KiasuParents community do with their own kids.

Is there a special game that you play with your children or a family bonding activity that is a must during the school holidays?

Here is a recap of some activities shared by parents in this issue of our Family Activity Book:

- **Road Warrior (Pg 26 & 27):** Inspired by the evergreen Snakes & Ladders game, this simple board game can be enjoyed by the entire family and at the same time teach children about road safety and traffic Do's & Don'ts.
- **Clutter Buster (P28):** Kids usually dread their parents' nagging, asking them to clean up their rooms. So turn it into a fun activity by getting kids to sift out items from their room clutter that can be recycled or donated to charity.
- **Dinner Date (Pg 36):** This is a meaningful activity that allows parents to spend some quality private time over dinner with the child, while letting the child be inspired by the spirit of enterprise of young local business owners.

We invite you to share with us your feedback and contribute activity ideas for our next issue. If your contribution is published, we will reward you with a \$50 cash voucher*.

We value and appreciate your feedback. Do email us at sales@covocal.com.

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